



DALMATIAN TIMES

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Burn Survivors Winter Camp a Success

Fire & Ice: Burn Survivors Winter Camp was held for its second year from February 8th through the 11th 2007. Hosted by the Portland Firefighters Children's Burn Foundation the camp meets in the mid-coast area of Rockland, Camden and Rockport.

The camp is operated free of charge. Transportation and lodging are paid for by the foundation. The skiing, tube and toboggan activities are provided by

the Camden Snow Bowl. Mid-Coast Rec. Center provided the group with ice time for an afternoon.

The support of the citizens and businesses in the region is a key reason the camp can be considered a success after only its second season. The activities made available to us and the discount on rooms provided by Liberty Hospitality Group at the Trade Winds in Rockland make it work.

The number of campers grew from 4 to 13 and we hope to fill all 24 positions in 2008. This year's campers were from West Virginia, New Jersey, New York, Connecticut, Massachusetts and New Hampshire. Camp is open to burn survivors from 13 to 17 years old.

Burns are a life long injury, which makes the peer support and friendships gained from a camp like this priceless.



Campers and counselors get together at the top of the Camden Snow Bowl during the 2nd Fire & Ice: Burn Survivors Winter Camp.

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Tips for Fire and Burn Prevention

- * **TEACH CHILDREN THAT AN ADULT MUST BE PRESENT AT ALL TIMES WHEN FIRE IS BEING USED.**
- * **ALWAYS KEEP MATCHES, LIGHTERS AND GRILL STARTERS OUT OF THE REACH OF CHILDREN.**
- * **KIDS AS YOUNG AS 2 YEARS OLD WILL EXPERIMENT AND MAY START A FIRE.**
- * **ALWAYS MAINTAIN AN 18 INCH SAFETY CIRCLE AROUND LIT CANDLES.**
- * **CONSIDER ALTERNATIVES TO BIRTHDAY CANDLES. BLOWING OUT THE CANDLES MAY GIVE A CHILD A FALSE SENSE OF CONTROL OVER FIRE.**
- * **DO NOT LEAVE CHILDREN UNATTENDED WITH THE STOVE OR OVEN.**
- * **TURN ALL POT AND PAN HANDLES TO WARD THE BACK OF THE STOVE.**
- * **DO NOT LEAVE CHILDREN UNATTENDED IN THE BATHROOM.**
- * **ALWAYS TEST THE WATER BEFORE PLACING A CHILD IN THE BATH. MANY THERMOMETERS AND BATH TESTERS ARE AVAILABLE IN STORES.**

WAYS TO CONTRIBUTE

- Volunteer your time— whether it is for camp, a fund raising event or covering a member's shift— every bit helps.
- COPECC—The foundation is a part of the city's payroll deduction charity program.
- Pay Pal— visit the foundation website and follow the steps.
- Spread the word— take the time to tell others what the foundation is about and get our name out there.

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Portland's Bravest... Helping Maine's Bravest Kids



Annual St. Paddy's Day Plunge

Thank you to all of the donors and especially all of the plungers at this year's plunge. We also thank all of the sponsors. We are thankful to Ri Ra for all of the great work, great fun and great atmosphere.

This year's plunge raised \$6500.



March 17, 2007 marked the fourth year of support for the Portland Firefighters Children's Burn Foundation. It was the second year that the weather tested the heart and commitment of those plunging.

In 2006 the event became an organized morning news must see, with "plungers" all hitting the water at 5:30am. With the wind,

snow and ice pellets of 2007 the free for all format reigned supreme.

Two companies from the Portland Fire Department, attended. Engine 5 and Medcu 5 from Central were there with Car 10 but reported no injuries.

As usual Ri Ra Irish Pub welcomed the participants back for warm and cold beverages, good food and a great

auction.

Once again "The Paddy Plunge" will be the foundation's top fund raiser of the year. Thank you Bob for getting involved with us and thank you to Naomi, Bob and the entire staff for continuing to welcome us back and making each year better than the last.